

CURRICULUM VITA

Connie Stapleton, Ph.D.

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State of Georgia Board of Examiners of Psychologists

Licensed Psychologist (2412), Awarded 2000

Alcohol and Drug Abuse Certification Board of Georgia

Certified Alcohol and Drug Counselor, Recertified 2005 (initial certification 1992 – Iowa)

Certification Board Member beginning 2005

Chairperson for Policies and Procedures Committee 2006, 2007, 2008

Mental Health Advisory Board Member

ObesityHelp.com, beginning 2007

Society for the Advancement of Sexual Health

Certified Sex Addiction Therapist, Certified 2008

The International Certification & Reciprocity Consortium/Alcohol and Other Drug Abuse, Inc.

Case Presentation Method Evaluator (CPM Evaluator), beginning 2007

Professional Interests

Obesity/Weight Loss; Substance Abuse, Addiction; Parenting, Marital and Family Therapy; Adolescent Issues; Infertility

Professional Experience

2001 – present **Private Practice/Owner – Mind/Body Health Services**
Independent Practitioner
Therapist for Adults, Adolescents and Children

- *working relationship with local bariatric surgeon; conducting psychological evaluations for persons seeking gastric bypass surgery*
- *working relationship with local pain management physician; conducting evaluations of chronic pain patients and providing ongoing therapy*
- *working relationship with local reproductive endocrinologist group of practitioners to provide counseling for persons dealing with infertility issues*
- *private practice has five therapists working full or part-time*

2002 – present

Medical College of Georgia (.6 time)

Psychologist – Student Health Services

Therapist for Students in all Medical Programs

- alcohol and other drug abuse counseling for students
- counseling for personal/couples issues

1999 – 2006

Three Springs Wayne County Girls Program (10 hrs/month)

Consulting Psychologist

Educational and Psychological Assessments

Substance Abuse Consultation

Individual Therapist for Female Residents

Consultant to Staff

2002 – 2003

Georgia Psychological Services (part time)

Psychologist – New Choices Alcohol and Drug Treatment

Clinical Director

Group Therapist

Staff Supervisor

2001 – 2003

Regional Youth Detention Center (part time)

Psychologist

Treatment Team Supervisor

Therapist for Youth

2001 – 2002

Unique Solutions (full time)

Psychologist – Augusta Youth Development Campus

Staff Supervisor

Program Development Coordinator

Staff Training Coordinator

1999 –2001

Three Springs Augusta Alcohol and Drug Treatment Center

(full time)

Psychologist; Program Director

Educational and Psychological testing

Development of A&D Curriculum

Clinical Supervision for 3 counselors
Admissions coordination
Staff training

1998 - 1999 **Charter Augusta Behavioral Health Center**, Augusta, Georgia
Post-Doctoral Hours Required for Licensure
Mental Health Consultant for Head Start Schools
Assessments

1998-1999 **University of South Carolina, Aiken**, Aiken, South Carolina
1998-2000 *Instructor*
Life Span Development
Career and Lifestyle
Group Therapy

1997 - 1998 **Medical College of Georgia**, Augusta, Georgia
Pre-Doctoral Internship

1996 - 1997 **Counseling and Assessment Clinic** - Texas A&M University
Staff Therapist - Graduate Assistant

1994 - 1996 **Career Development Instructor** - Texas A&M University
Graduate Assistant

1993 - 1994 **Student Counseling Center**, University of South Dakota
Staff Counselor - Graduate Assistant

1992 - 1993 **St. Luke's Gordon Recovery Center**, Sioux City, Iowa
Alcohol and Drug Continuing Care Counselor - Full Time

1991 - 1992 **Marian Behavioral Health Center**, Sioux City, Iowa
Alcohol and Drug Counselor Intern

Education

1997 - 1998 **Medical College of Georgia/VA**, Augusta, Georgia
Pre-Doctoral Internship

- elective rotation on Adolescent Inpatient Unit
- elective rotation in Family Therapy

1994 - 1998 **Texas A&M University**, College Station, Texas
Doctor of Philosophy
Major: Counseling Psychology; APA Accredited Program

Dissertation Title: *Health Care Professionals' Opinions
on Alcoholism and Attitudes toward*

Working with Alcoholics

- 1991 - 1994 **University of South Dakota**; Vermillion, South Dakota
Master of Arts
Major: Counseling
- 1978 - 1983 **Iowa State University**; Ames, Iowa
Bachelor of Science
Major: Distributed Studies

Professional Licenses/Certifications

State of Georgia Board of Examiners of Psychologists
Licensed Psychologist (2412), Awarded 2000

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Certified Alcohol and Drug Counselor, Recertified 2005

Alcohol and Drug Abuse Certification Board of Georgia
Case Presentation Evaluator, Awarded 1999
Certification Board Member beginning 2005
Chairperson for Policies and Procedures Committee 2006, 2007

Society for the Advancement of Sexual Health
Certified Sex Addiction Therapist, Certified 2008

Professional Affiliations

American Psychological Association (APA)

Georgia Psychological Association (GPA)

Obesity Help Mental Health Advisory Board

Alcohol and Drug Abuse Certification Board of Georgia, Inc.

**International Certification & Reciprocity Consortium/Alcohol and Other
Drug Abuse, Inc.**

The Society for the Advancement of Sexual Health (SASH)

International Institute for Trauma and Addiction Professionals

Presenter for Bariatric Support Group meeting; quarterly
January 15, Augusta, Georgia

2008

Prevention of Weight Regain

Presenter at the ObesityHelp National Event
October 31, Los Angeles, CA

2008

The Prevention of Weight Regain

Presenter at the ObesityHelp National Event
November 15, Houston, TX

2008

The Truth about Weight Loss Surgery

Presenter on “The Morning News Coffee Break” with
Harley Drew and Mary Liz Nolan.
WGAC/580 News-Talk Radio

2008

Switching Addictions: Addiction and Bariatric Surgery

Presenter for Bariatric Support Group meeting; quarterly
Augusta, Georgia

2007

**Psychological Aspects of Weight Loss
Following Bariatric Surgery**

Presenter for Bariatric Support Group meeting; quarterly
Augusta, Georgia

2007

Physicians and Addiction

Presenter for Family Medicine Residents; 3 hours
Medical College of Georgia, Augusta, Georgia

2007

Stress and Chronic Illness

Presenter for Doctors Hospital Diabetes Association
Augusta, Georgia

2006

Stress, Relaxation and Infertility

Presenter for Infertility Support Group

2006, 2005

Perfectionism and Self Esteem in Medical Students

Presenter for second year medical students

2004, 2005

Personality Development throughout the Lifespan

Presenter for Physician’s Assistant Program at
the Medical College of Georgia

2002

**Understanding and Treating Conduct
Disorder/Oppositional Defiant Disorder**

Presenter at Inner Harbour workshop (6 hours)

- 1997 **Understanding the Cognitive, Physical, and Emotional Development of the Young Child**
Presenter at Staff Development Training for CSRA EOA, Inc. Head Start
- 1998 - 1999 **Parent Tips and Children's Behavior**
Presenter at numerous Head Start Parent Meetings
- 1995 **"The Twelve Core Functions of Chemical Dependency Counseling"**
Presenter at a day-long workshop as part of series of training sessions for minorities being trained in Chemical Dependency Counseling.
- 1994 **"Beyond the Family of Origin"**
Co-Presenter; University of South Dakota
Two day workshop for students who had been in a semester-long group addressing family of origin issues.

Additional Professional Training

- 2008 **APA Ethics Code**
Sponsor: American Psychological Association online
- 2008 **Antidepressant Treatment Update – Interaction of Psychopharmacology and CBT**
Sponsor: American Psychological Association online
- 2008 **Certified Sex Addiction Therapist Training, week 1**
Presenters: Patrick Carnes and others
Sponsor: International Institute for Trauma and Addiction Professionals
- 2007 **Certified Sex Addiction Therapist Training, week 2**
Presenters: Patrick Carnes and others
Sponsor: International Institute for Trauma and Addiction Professionals
- 2007 **International Conference on Practical Approaches to the Treatment of Obesity**
Presenters: numerous

- Sponsor: Harvard Medical School
- 2007 **Couples and Affairs: Managing the Clinical Challenges**
Presenters: Michael Ceo
Sponsor: Cross Country Education
- 2007 **Body Image, Eating Disorders, Obesity**
Presenters: APA Continuing Education
- 2007 **Ethical and Legal Issues in Mental Health Services for Children and Adolescents**
Presenters: Jackson P. Rainer, Ph.D.
Sponsor: CMI Education Institute
- 2007 **Clinical Essentials of Pain Management**
Sponsor: APA Continuing Education
- 2007 **Ethics in Plain English: An Illustrative Casebook for Psychologists**
Sponsor: APA Continuing Education
- 2007 **You're On! Consulting for Peak Performance**
Sponsor: APA Continuing Education
- 2007 **Health Care For Women: Psychological, Social, and Behavioral Influences**
Sponsor: APA Continuing Education
- 2006 **Treating the Addictions**
Presenters: numerous
Sponsor: Harvard Medical School
- 2006 **Addiction: Food, Sex and the Brain**
Presenters: Patrick Carnes, Ph.D., CAS
 Caroline Smith, MA, LPC, LSAC, CSAT
 Ralph Carson, RD, BS, BHS, Ph.D.
Sponsor: Pine Grove
- 2006 **"Infertility Counseling: A Comprehensive Approach"**
Presenters: numerous
Sponsor: Atlanta Center for Reproductive Medicine
- 2005 **Publishing Books, Memoirs and Other Creative Non-Fiction**
Presenters: numerous
Sponsor: Harvard Medical School

- 2004 **Clinical Training in Mind/Body Medicine**
Presenters: Herbert Benson, MD
Sponsor: Harvard Medical School
- 2004 **Ethics, Law and Avoiding Liability in the Practice of Psychology**
Sponsor: Association of State and Provincial Psychology Boards
- 2004 **Acute Traumatic Stress Management & University Crisis Response**
Presenter: Dr. Sam Bernard
Sponsor: Counseling Director's Association of the University System of Georgia
- 2004 **Clinical Psychopharmacology Made Ridiculously Simple**
Presenters: J. Preston, Psy. D, and J. Johnson,, MD
Sponsor: National Association for Continuing Education
- 2004 **Treating Abused Adolescents**
Sponsor: Institute for the Study of Human Knowledge Continuing Education
- 2004 **Growing Your Private Practice: Successful Marketing for Therapists**
Presenters: Cynthia Lynch Macke, LPC
 Nancy Van Cleave, LCSW
 Debra Bergman, LMFT
Sponsor: Ridge View Institute
- 2004 **HIPPA, The Final HHS Privacy Regulations and Medical Records**
Sponsor: Cross Country University
- 2004 **20th Annual Marriage & Family Therapy Institute**
Sponsor: The University of Georgia School of Social Work
- 2002 **Ethics - "Boundary Wars: Intimacy and Distance in Healing Relationships"**
Sponsor: Institute for the Study of Human Knowledge (ISHK Continuing Education at Home)
- 2002 **Psychopharmacology – "Psychotherapist's Guide to Psychopharmacology", 2nd Edition**
Sponsor: Institute for the Study of Human Knowledge (ISHK Continuing Education at Home)

- 2001 **Treating Out of Control Behavior**
Presenter: Joyce Divinyi, MS
Sponsor: Inner Harbour
- 2001 **Treating Out-of-Control Behavior: Debriefing “The Incident”
And Developing Effective Treatment Strategies**
Presenter: Joyce E. Divinyi, MS, LPC
Sponsor: Inner Harbour
- 2001 **Testifying in Court**
Presenter: Stan Brodsky, Ph.D.
Sponsor: Specialized Training Services, Inc.
- 2000 **Dealing Effectively with Unacceptable Employee Behavior**
Sponsor: SkillPath Seminars
- 2000 **Relapse Prevention Counseling**
Sponsor: Way of Life, Inc., The CENAPS Corporation and
Challenges
- 2000 **Ethics for Substance Abuse Professionals**
Presenter: Dr. Karen Kelly
Sponsor: Circle of Recovery, Atlanta, GA
- 2000 **Management & Leadership Skills for First Time Managers**
Sponsor: National Seminars Group – Rockhurst College
Continuing Education Center
- 1999 **Basic I Training: Department of Juvenile Justice**
Presenter: Richard Hill
Sponsor: Department of Juvenile Justice, State of Georgia
- 1999 **Basic II Training: Department of Juvenile Justice**
Presenter: Richard Hill
Sponsor: Department of Juvenile Justice, State of Georgia
- 1999 **Case Presentation Method Evaluator training**
Sponsor: International Certification & Reciprocity Consortium
and Alcohol and Other Drug Abuse, Inc.
- 1999 **Recognition and Disposition of an Alcoholic and Drug User
in the Office Practice**
Presenter: Dr. G. Douglas Talbott
Sponsor: Charter Augusta Behavioral Health Center
- 1998 **MMPI-2 Advanced Interpretation Workshop**
Sponsor: Department of Psychology, Dwight David Eisenhower

Army Medical Center, Fort Gordon, GA

- 1997 **Rorschach Workshop**
Sponsor: The Department of Department of Psychology, Dwight David Eisenhower Army Medical Center, Fort Gordon, GA
- 1998 **Group Psychotherapy and Group Leadership Conference**
Sponsor: Atlanta Group Psychotherapy Society, Unicoi State Park
- 1997 **Ethics and Mental Health Law**
Sponsor: Georgia Psychological Association and the American Psychological Association, Augusta, GA
- 1997 **Effectively Treating Obsessive-Compulsive Disorder: Strategies for Adults and Children**
Sponsor: Anxiety Prevention & Treatment Research Center, Charleston, SC
- 1997 **Critical Incident Stress Debriefing**
Presenters: Diane Solursh, Ph.D.
Rose Robertson, MSN, RN, CS
Sponsor: Texas A&M University, College Station, TX
- 1997 **Cognitive Therapy Workshop**
Sponsor: Department of Psychology, Dwight David Eisenhower Army Medical Center, Fort Gordon, GA
- 1995 **Healing the Body, Mind and Spirit**
Presenter: Ilana Rubinfeld
Sponsor: Midwest Satir institute, Chicago, IL
- 1994 **Brief Dynamic Therapy**
Presenter: Joe Kobos
Sponsor: Texas A&M University, College Station, TX
- 1993 **St. Luke's LifeWorks Clinics**
Presenter: John Friel, Ph.D.
Sponsor: St. Luke's Regional Medical Center, Sioux City, IA
* I trained under the supervision of Dr. Friel and co-lead therapy groups during weekend workshops
- 1993 **HIV Pre- and Post- Test Counselor Training**
Presenter: South Dakota State Department of Health
Sponsor: University of South Dakota's Counseling Colloquium, Vermillion, South Dakota

- 1993 **Non-Violent Crisis Intervention**
Sponsor: St. Luke's Regional Medical Center, Sioux City, IA
- 1993 **Methods and Practices in the Treatment of Sexual Abuse**
Presenter: Dr. Linda Duncan, Tarleton State University
Sponsor: University of South Dakota's Counseling Colloquium, Vermillion, South Dakota
- 1992 **A Workshop with John Friel**
Presenter: Dr. John Friel
Sponsor: St. Luke's Regional Medical Center, Sioux City, IA
- 1992 **Reality Therapy**
Presenter: William Glasser
Sponsor: Marian Behavioral Health Center, Sioux City, IA
- 1992 **Mandatory Adult Abuse Reporting**
Sponsor: St. Luke's Gordon Recovery Centers, Sioux City, IA
- 1992 **Mandatory Child Abuse Reporting**
Sponsor: St. Luke's Gordon Recovery Centers, Sioux City, IA
- 1992 **Non-Violent Crisis Intervention**
Presenter: Collette McCullough
Sponsor: St. Luke's Gordon Recovery Centers, Sioux City, IA
- 1991 **Cultural Sensitivity**
Sponsor: Marian Behavioral Health Center, Sioux City, IA
- 1991 **Professional Ethics**
Sponsor: Marian Behavioral Health Center, Sioux City, IA

Practica Experience

Field Practicum in Psychological Assessment

Counseling and Assessment Clinic - Texas A&M University

Supervisor: Pamela Morales, Ph.D.

Personality and intellectual assessment of adults. Emphasis on interviewing, assessment procedures, and interpretation of results.

Practicum in Counseling Older Adults - Geropsychology

Southwood Valley Retirement Center - College Station, Texas

Therapeutic issues: grief, loss, depression, family issues, personality and dementia

Individual and group therapy provided in nursing home setting. Assessment on personality and dementia.

Field Practicum in Counseling Psychology

Student Counseling Services - Texas A&M University

Therapeutic issues: individuation and separation, relationships, self esteem, test anxiety, depression, grief, loss

Individual therapy with university graduate and undergraduate students. Personality assessment and preparation of psychological reports.

Field Practicum in Marital and Family Therapy

Counseling and Assessment Clinic - Texas A&M University

Therapeutic issues: Family systems, relationships, communication, fair fighting, parenting, parent/child conflict

Couples and family counseling.

Practicum in Research

Texas A&M University

Focus: Development of study design, data collection and statistical analyses. Focus on career development, individual expectancy for success, and family environment.

Practicum in Psychotherapeutic Process

Counseling and Assessment Clinic - Texas A&M University

Therapeutic issues: marital discord, depression, childhood physical and sexual abuse, self esteem

Individual and marital counseling with adults; emphasis on process issues.

Practicum in Career Counseling

Texas A&M University

Focus: Counseling and assessment with adults related to career planning, decision-making and life transitions. Used the Strong-Campbell, MBTI, computer exploration packages, and other instruments.

Field Practicum in Child Group Counseling

Rock Prairie Elementary School - College Station, Texas

Therapeutic issues: anger management, peer interaction, behavior modification

Group counseling to address appropriate social behavior with third and fourth grade children.

Practicum in Advanced Psychotherapy

Counseling and Assessment Clinic - Texas A&M University

Therapeutic issues: characterological disorders, parent/child conflict, individuation, depression, life span development

Individual counseling with adolescents and adults.

Practicum in Counseling Supervision

Texas A&M University

Supervision: of Master's level therapists. Focus on both client conceptualization and counseling process analysis.

Field Practicum in Psychotherapy

Student Counseling Center - University of South Dakota

Therapeutic issues: family issues, grief, loss, separation, test anxiety, substance abuse, marital conflict

Individual therapy with adults and couples.

Practicum in Milan System Family Therapy

University of South Dakota

Therapeutic issues: family systems issues

Team therapist in family therapy situation conducted in a Milan style approach.

Practicum in Psychotherapy

University of South Dakota

Therapeutic issues: relationship issues, communication, adjustment, grief, parent/child conflict

Individual counseling with University undergraduate students.

Research Experience

Research Team Member

Department of Educational Psychology- Texas A&M University

Supervisor: Donna Davenport, Ph.D.

Investigation and comparison of APA Approved Counseling and Clinical Psychology program curricula. Presented Counseling Psychology results at APA National Convention, Poster Session, 1996.

Research Team Member

Department of Educational Psychology- Texas A&M University

Supervisor: Gonzalo Garcia

Investigation of family of origin environment upon the career decision making of University undergraduates. Results to be presented at the Texas Psychological Association, annual meeting, 1996.

Research Team Member

Department of Educational Psychology- Texas A&M University

Supervisor: David Lawson, Ph.D.

Investigation of identification of "family roles" as impacted by family

environment. Results to be presented at the Texas Psychological Association, annual meeting, 1996.

Research Team Member

Department of Educational Psychology- Texas A&M University

Supervisor: Gonzalo Garcia

Investigation of career decisiveness and individual estimates for success of University undergraduate students. Results presented at the Southwestern Educational Research Association annual meeting, 1994.

Papers/Presentations

Stapleton, C. (2002, November). Understanding and Treating Conduct Disorder and Oppositional Defiant Disorder. Presented all-day seminar sponsored by Inner Harbour – 6 CEUs for attendees.

Stapleton, C. (1997, January). Confirmatory factor analysis. Paper accepted for presentation at the meeting of the Southwestern Educational Research Association, Austin, TX.

Stapleton, C. (1996, November). Exploratory factor analysis as a tool to obtain score validity. Paper presented at the meeting of the Texas Psychological Association, Dallas, TX.

Buras, A., Stapleton, C., Moore, J., & Gray, T. (1996). Family roles resulting from family environment. Paper presented at the meeting of the Texas Psychological Association, Dallas, TX.

Stapleton, C., & Vidal, S. (1996). Career decision-making and family environment. Paper presented at the meeting of the Texas Psychological Association, Dallas, TX.

Davenport, D., Arnold, M., Buras, A., Matlock, S., & Stapleton, C. (1996). Counseling psychology program curricula. Paper presented at the meeting of the American Psychological Association, Toronto, Canada.

Davenport, D., Stapleton, C., Wooley, K., Price, L., & McClain, A. (1995). Advanced psychotherapeutic skills. Paper presented at the meeting of the Texas Psychological Association, San Antonio, TX.

Wooley, K., & Stapleton, C. (1994). Career decision making and expectancy for success. Paper presented at the meeting of the Southwestern Educational Research Association, Dallas, TX.

Community Service

- 2007– present **International Certification & Reciprocity Consortium/Alcohol and Other Drug Abuse, Inc.**
Case Presentation Method Evaluator (CPM Evaluator)
- 2008 **Volunteer for The Lydia Project**
Augusta, GA
- 2007 **Volunteer for Make-A-Wish Foundation Annual Gala,**
Atlanta, GA
- 2007 **Volunteer walker: Susan G. Komen 3-Day Breast Cancer Walk – 60 miles**
- 2006 – 2008 **Chairperson for Policies and Procedures Committee**
Alcohol and Drug Abuse Certification Board of Georgia
- 2005 – 2008 **Certification Board Member beginning 2005**
Alcohol and Drug Abuse Certification Board of Georgia
- 2003 **Chairperson – Community Advisory Board, Augusta Youth Development Center**
- 2000 – 2001 **Volunteer – CCD Teacher**
Teacher for 10th grade church group
- 1998 - 1999 **Volunteer - Girl Scouts**
Head Start to Daisy Leader
Had four groups of pre-Daisy Girl Scouts
- 1996 **Volunteer - Help Line Counselor**
Student Counseling Center - Texas A&M University
Help Line Telephone Counselor
40 hours of formal training
(6 hours per week volunteer hours)
- 1996 **Volunteer - Coach**
College Station Youth Sports
Coached girl's slow pitch softball with spouse for daughters' team.
- 1995 - 1996 **Volunteer - Student Organization**
Educational Psychology Student Organization (EPSO) - Texas A&M University

Vice-President of student organization

- 1994 - 1996 **Volunteer - Elementary School**
Rock Prairie Elementary - College Station, TX
Speaker for career day; chaperone for field trips - Space Center, Houston and Children's Museum, Houston
- 1994 **Volunteer - Group Counseling**
Rock Prairie Elementary - College Station, TX
Small group counseling for children who were disruptive in the classroom. Addressed peer interaction and appropriate behavior.
- 1991 - 1993 **Volunteer - Girl Scout Co-Leader**
Girl Scouts - Sioux City, Iowa
Co-led Daisy and Brownie Girl Scout troop.
- 1990 - 1991 **Volunteer - President of Alumni Organization**
Marian Behavioral Health Center - Sioux City, Iowa
President of Marian Health Recovery Association